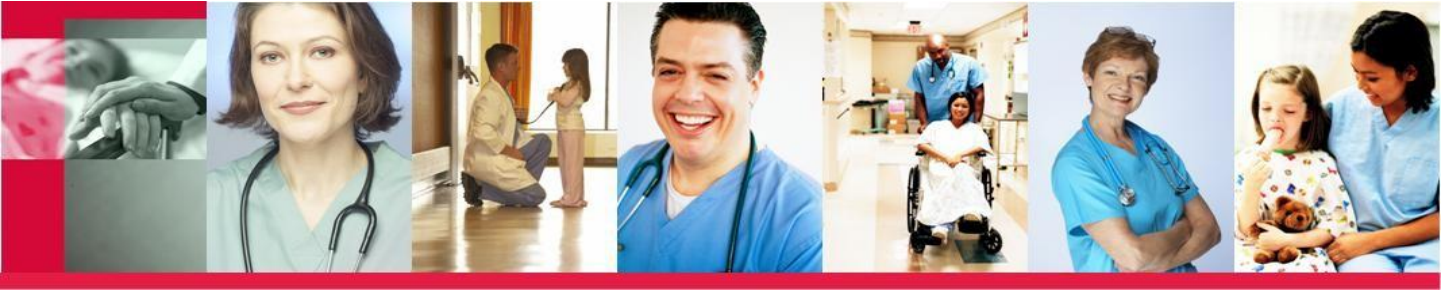


NURSING CONTINUING EDUCATION TRAINING OPPORTUNITY



How to Thrive in Your High Demand Environment

The MORE TO LIFE WEEKEND Training

This unique training offers repeatable tools to access your creativity in the face of an ever more demanding career field. In this powerfully transformational course, you will learn repeatable processes that increase your ability to change the quality of your personal and professional life - learning to shift your perspective whenever you choose. Start mastering the techniques to consistently access your full potential, without driving yourself, or creating unnecessary stress.

This special *Pay It Forward* pilot version of the More To Life Weekend is being offered especially to leaders, parents, decision makers, and people who are already making a difference in people's lives - like nurses. To obtain the CEU you must pay for and finish the weekend, fill the application and pay \$ 15.00 to Empowering Connections at registration.

Workshop Dates:

February 17-19, 2012

Friday 7:00 pm - 11:15 pm
Saturday 9:00 am - 11:15 pm
Sunday 9:00 am - 11:15 pm

Crown Plaza- Brookhollow
Houston, TX



\$95 registration Fee ‡

Don't miss this exceptional training opportunity!

- Maintain personal equilibrium in difficult situations by responding more effectively.
- Reduce stress and increase personal satisfaction.
- Express yourself more directly and easily with family and colleagues.
- Increase your ability to make creative new choices for the life you want.
- Identify self-defeating behaviors and replace them with more effective habits.
- Release old hurts and resentments that you may have held for years and increase your capacity for inner peace.

Email: houston@moretolife.org

‡ Once you have experienced the course, you will be asked to be a part of *Paying It Forward* in three ways - participating in future training teams, enrolling friends and colleagues into future trainings, and making a financial contribution to the non-profit foundation that sponsors this work.

Visit the website www.moretolifeus.org for further explanation of the Pay It Forward concept.

*Empowering Connections is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.